



WEEKLY DANCE SCHEDULE 2025

EXPRESSION STUDIO

DEDICATION STUDIO

MONDAY

14:15 – 15:00 Modern/Jazz Grade 2 Class 1
 15:00 – 16:00 Modern/Jazz Grade 4 Class 1
 16:00 – 17:00 Modern/Jazz Pre-Elementary Class 1
 17:00 – 18:00 AIDT Teacher Training
 18:00 – 19:00 Modern/Jazz Inter & Advanced Class 1
 19:00 – 20:00 Studio Space

14:15 – 15:00 Ballet Primary Class 1
 15:00 – 15:45 Ballet Grade 1 Class 1
 15:45 – 16:30 Ballet Grade 2 Class 1
 16:30 – 17:15 Ballet Grade 4 Class 1
 17:15 – 18:00 Ballet Grade 5 Class 1
 18:00 – 19:00 Ballet Inter-Foundation Class 1
 19:00 – 20:00 Ballet Advanced 2 Class 1

TUESDAY

14:15 – 15:00 Studio Space
 15:00 – 16:00 Body Conditioning / Pilates
 16:00 – 17:00 Acro Level 1 & 2
 17:00 – 18:00 Acro Level 4 & 5
 18:00 – 19:00 Acro Level 6 & 7
 19:00 – 20:00 Acro Level 8 & Pre- Professional 1

14:15 – 15:00 Tap Grade 1
 15:00 – 16:00 Musical Theatre Junior
 16:00 – 17:00 Tap Senior
 17:00 – 18:00 Ballet Pointe & Repertoire Senior
 18:00 – 19:00 Ballet Advanced 2 Class 2
 19:00 – 20:15 Ballet Intermediate Class 1

WEDNESDAY

14:15 – 15:00 Studio Space
 15:00 – 16:00 Contemporary Senior
 16:00 – 17:00 Contemporary Junior
 17:00 – 18:00 Contemporary Intermediate
 18:00 – 19:00 Specialised Technique/Radar Inter&Senior
 19:00 – 20:00 Studio Space

14:15 – 15:00 Modern/Jazz Grade 2 Class 2
 15:00 – 16:00 Modern/Jazz Grade 4 Class 2
 16:00 – 17:00 Modern/Jazz Pre-Elementary Class 2
 17:00 – 18:00 Modern/Jazz Inter & Advanced Class 2
 18:00 – 19:00 Ballet Technique/PBT Junior
 19:00 – 20:00 Ballet Technique/PBT Senior

THURSDAY

14:15 - 14:45 Studio Space
 14:45 – 15:30 Hip Hop Mini
 15:30 – 16:30 Hip Hop Junior
 16:30 – 17:30 Hip Hop Intermediate
 17:30 – 18:30 Hip Hop Senior
 18:30 – 19:00 Studio Space
 19:00 – 20:00 Studio Space

14:15 – 14:45 Ballet Primary Class 2
 14:45 – 15:30 Ballet Grade 2 Class 2
 15:30 – 16:30 Ballet Grade 5 Class 2
 16:30 – 17:15 Ballet Intermediate Class 2
 17:15 – 18:15 Ballet Pointe & Repertoire Intermediate
 18:15 – 19:15 Ballet Inter-Foundation Class 2
 19:15 – 20:15 Ballet Unset

FRIDAY

14:15 – 15:00 Tumbling Junior
 15:00 – 16:00 Acro Group Junior
 16:00 – 17:00 Tumbling Senior
 17:00 – 18:00 Acro Senior
 18:00 – 19:00 Studio Space

14:15 – 15:00 Ballet Pre-Pointe Junior
 15:00 – 16:00 Ballet Advanced 1 Class 3
 16:15 – 17:00 Ballet Grade 1 Class 2
 17:00 – 18:00 Ballet Grade 4 Class 2
 18:00 – 19:00 Studio Space

SATURDAY

09:00 – 10:00 Studio Space
 10:00 – 11:00 Junior Competition Team (Glam Mini's)
 11:00 – 11:45 Acro Pre-Primary
 11:45 – 12:30 Acro Primary
 12:30 – 13:45 Solo Class Junior
 14:00 – 16:00 Senior Competition Team (Glam Stars)

09:00 – 09:30 Glam Tots
 09:30 – 10:15 Ballet Pre-Primary Prep
 10:15 – 11:00 Ballet Pre-Primary
 11:00 – 11:45 Modern Primary
 11:45 – 12:30 Modern Pre-Primary
 12:30 – 13:45 Solo Class Senior
 14:00 - 16:00 Senior Competition Team (Glam Squad)